



Provided by: Joshua Long

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Community



Alice's Clubhouse

1156 BOWMAN RD, SUITE 105
Mount Pleasant, SC 29464
(843) 284-8367

Website

<https://alicesclubhouse.com>



Summary Notes

Alice's Clubhouse is a really unique and high-level adult day program here in the area, specifically designed for individuals with early to mid-stage memory loss. What sets them apart is their medical-model approach, meaning they combine structured daily engagement and socialization with clinical oversight and access to services like therapy, nursing support, and coordinated care all in one place. The environment is very intentional—focused on stimulation, routine, and connection—while also giving caregivers meaningful respite during the day. It's a great option for families who want their loved one to remain at home but still benefit from a consistent, engaging, and professionally supported day program.



Notes

One option I think would be especially relevant for your situation is Alice's Clubhouse. This is one of the more clinically driven adult day programs in the area, designed specifically for individuals in the early to mid stages of memory loss. What I like about this program is that it provides a very structured, engaging environment during the day while still allowing your mother to live at home. They combine social interaction, cognitive engagement, and medical oversight in a way that gives both stimulation for the participant and peace of mind for the family. If your goal is to replicate or improve upon what she's currently experiencing, this would be a top-tier option to explore.



Primary Contact

- **David Rutick**
President
(843) 284-8367 (cell)
davrutick@gmail.com



Community Type

- **Community Type(s)** Adult Day



Finances

- **Community / Entrance Fee** \$0
- **Price Notes** 2 days - \$236/day
3 days - \$216/day
4 days - \$197/day
5 days - \$179/day

8 hour day program, 5 days per week



Staff

- **Professional Staff Type** Aides



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies
- **Cognition Levels Accepted** Alert / No Dementia
- **Diabetic Needs Accepted** Managed by Diet
- **Diabetic Assistance Offered** No assistance available
- **Medication Management** Simple <8; Complex >8



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence



Other Details

- **Gender restrictions?** Accepts male and female



Community



Respite Care of Charleston

1605 Harbor View Rd, Charleston, SC 29412
Charleston, SC 29412
(843) 647-7405

Website

<http://respitcarecharleston.org/>



Summary Notes

Respite Care Charleston is a nonprofit-focused program centered around supporting families navigating dementia by providing structured day programs and caregiver relief. Their approach is very much rooted in community and accessibility, offering affordable options that allow individuals with memory challenges to participate in supervised activities, social engagement, and meaningful daily routines while giving caregivers time to rest or manage other responsibilities. In addition to their day programming, they also provide education, support groups, and resources for families, making them a well-rounded option for both care and ongoing caregiver support.



Notes

Another strong option on the adult day side is Respite Care Charleston. This program is more community-based and has a very warm, supportive feel, with a focus on creating meaningful daily engagement for participants while also giving caregivers time and flexibility. They offer structured activities, supervision, and a social environment that helps reduce isolation, which can be especially helpful for someone who benefits from routine and connection. This could be a great fit if you're looking for something that feels approachable, supportive, and well-integrated into the local community.



Primary Contact

- **Wendy Murphy**
Director
(843) 647-7405 (cell)



Community Type

- **Community Type(s)** Adult Day



Finances

- **Community / Entrance Fee** \$0
- **Price Notes** Half Day Memory Care Program 10am-1:45pm
\$50/day
Includes all day activities and lunch
MUSC Guide Program Participant - \$2500 Grant
Social Model - Non Medical
- **All-inclusive Care** Yes



Staff

- **Professional Staff Type** Aides



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies
- **Cognition Levels Accepted** Some Memory Loss; Dementia; Alzheimer's



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence



Other Details

- **Gender restrictions?** Accepts male and female



Community



South Bay at Mount Pleasant

1400 Liberty Midtown Drive
Mount Pleasant, SC 29464
(561) 300-6263

Website

<https://www.southbayatmountpleasant.com/>



Summary Notes

Nestled in Mount Pleasant, South Carolina, this remarkable community exudes southern charm and offers stunning aesthetics that captivate residents and visitors alike. Boasting an array of high-end amenities, including an indoor Olympic pool, five-star dining options, a theater, billiards, and a library, South Bay at Mount Pleasant provide a luxurious and vibrant living experience. With a commitment to comprehensive care, the community offers Independent Living, Assisted Living, and Memory Care services, enabling residents to age in place and receive the support they need at every stage of life. With its seamless blend of elegance, convenience, and exceptional care, South Bay and Shem Creek Health Center redefine senior living in the Lowcountry.



Notes

If at any point you begin to think about longer-term solutions beyond day programming, South Bay at Mount Pleasant is one of the strongest all-around Memory Care options in the area. It's a beautiful community with a very experienced team and consistently strong feedback on their memory care program. They do a great job balancing clinical support with lifestyle and engagement, which is important for maintaining quality of life. This would be a great option to keep in mind as part of a longer-term care plan if her needs evolve over time.



Primary Contact

- **Candy Cure**
Executive Director
ccure@libertyseniorliving.com
- **Emma Daggett**
Community Outreach Coordinator
(843) 998-3693 (direct), (501) 553-5121 (cell)
EDaggett@libertyseniorliving.com
- **Kellye Palmer**
AL/MC Admissions
(843) 936-2847 (direct), (843) 323-7957 (cell)
Kpalmer@libertyseniorliving.com
- **Alexa Staley**
IL Admissions
(843) 936-2736 (direct), (843) 735-8598 (cell)
AISTaley@libertyseniorliving.com



Community Type

- **Community Type(s)** Independent Living; Assisted Living; Residential Care Home; Memory Care
- **Independent Living -- Floor Plans** One Bedroom; One Bedroom Plus; Two Bedrooms; Three Bedrooms
- **Assisted Living -- Floor Plans** Studio; One Bedroom
- **Memory Care -- Room Types** Studio



Finances

- **Second Person Fee** \$2,100
- **Community / Entrance Fee** \$4,000
- **Price Notes** \$1000 deposit for waitlist

Level of Care

1 - included

2 - 690

3 - 1375

4 - 1785

5 - 2380

Memory Care Low \$8265 - High \$8905

- **Independent Living -- One Bedroom Price** \$5,150
- **Independent Living -- One Bedroom Plus Price** \$5,787 - \$6,776
- **Independent Living -- Two Bedroom Price** \$7,476 - \$9,788
- **Independent Living -- Villa Price** 10,040 - 11,762
- **Assisted Living -- Studio Price** \$6,080 - \$6,080
- **Assisted Living -- One Bedroom Price** \$6,365 - \$7,310
- **Memory Care -- Private Price** \$7,797 - \$8,371



Staff

- **Professional Staff Type** Other Practitioners Available To Residents; Nursing Director; Registered Nurse on Staff; Aides



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies; Wander Risk
- **Cognition Levels Accepted** Alert / No Dementia; Some Memory Loss; Dementia; Alzheimer's
- **Diabetic Needs Accepted** Glucose Checks; Managed by Diet; Oral Medications; Standard Insulin; Sliding Scale Allowed
- **Diabetic Assistance Offered** Nurse assistance
- **Additional Care Services** Oxygen; Wound Care



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair; Power Wheelchair; Bedridden
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer; 2 Person Transfer; Hoyer or Sit-Stand Lift
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence; Catheter Care



Other Details

- **Gender restrictions?** Accepts male and female
 - **Other** Alcohol OK
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Amenities Offered

- **Activities (regularly scheduled)** Yes
 - **Fitness Center** Yes
 - **Optional Dining** Yes
 - **Pool** Yes
 - **Reading Materials** Yes
 - **Transportation Available** Yes
 - **Walking Paths** Yes
-



Community



Mount Pleasant Gardens

1025 Hungry Neck Boulevard
Mount Pleasant, SC 29464
(843) 216-1001

Website

<https://gardensmemorycare.com/mount-pleasant-gardens/>



Summary Notes

Our mission is to enhance and enrich the lives of individuals living with dementia through a loving and person centered approach to memory care. We believe that individuals living with dementia deserve to live a life that is full of joy, purpose, and dignity. Our goal is to provide a safe, loving, and supportive environment that promotes physical, spiritual, emotional, and mental health.

At the heart of our mission is a commitment to love. We create a warm and welcoming environment where individuals living with dementia feel valued. We believe that love is the key to unlocking the potential for joy and fulfillment in the lives of individuals living with dementia. As a team dedicated to dementia care we are committed to providing compassionate loving care that promotes physical, spiritual, emotional and mental health.



Notes

Mount Pleasant Gardens is another top-tier option, and one that is fully dedicated to Memory Care. This allows them to be very intentional in everything they do—from staffing to programming to the overall environment. The community itself is beautiful, the team is excellent, and they have a strong reputation locally for both care and engagement. If you're looking for one of the highest-quality memory care environments in the area, this would absolutely be on the shortlist.



Primary Contact

- **Kristen Dollason**
ED
kristen.dollason@gardensmemorycare.com
- **Leanne Lovin**
Sales Director
(303) 847-1521 (cell)
leanne.lovin@gardensmemorycare.com



Community Type

- **Community Type(s)** Residential Care Home; Memory Care
- **Memory Care -- Room Types** Shared; Studio
- **Bathrooms** Shared; Private



Finances

- **Monthly Price** \$5,500 - \$7,000
- **Memory Care -- Shared Price** \$5,650
- **Memory Care -- Private Price** \$6,500

- **All-inclusive Care** Yes



Staff

- **Professional Staff Type** Licensed Practical Nurses on Staff; Aides
- **24 Hour Awake Staff** Yes
- **Shift Workers** Yes



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies; Wander Risk
- **Cognition Levels Accepted** Some Memory Loss; Dementia; Alzheimer's
- **Diabetic Needs Accepted** Glucose Checks; Managed by Diet; Oral Medications; Standard Insulin
- **Additional Care Services** Oxygen



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence
- **Accommodates Special Diets** Pureed Diet; Mechanical Soft Diet; Vegetarian; Dairy Free



Other Details

- **Gender restrictions?** Accepts male and female



Amenities Offered

- **Activities (regularly scheduled)** Yes
- **Fitness Center** Yes
- **Reading Materials** Yes
- **Secure Courtyard** Yes
- **Transportation Available** Yes
- **Walking Paths** Yes



Community



Kempton of Charleston

194 Spring Street
Charleston, SC 29403
(843) 754-6940

Website

https://www.kemptonofcharleston.com/?y_source=1_MjgxMTM5ODItNzE1LWxvY2F0aW9uLndlYnNpdGU%3D



Summary Notes

The Kempton of Charleston stands as a premier assisted living, memory care, and skilled nursing facility nestled in the heart of downtown Charleston. Renowned for its upscale offerings, the community boasts exquisite aesthetics and a dynamic lifestyle tailored to residents' preferences. Backed by robust leadership and a top-tier nursing and care team, The Kempton ensures unparalleled support and quality care for its residents. With its central location and commitment to excellence, The Kempton of Charleston provides an exceptional living experience for seniors seeking a luxurious yet nurturing environment.



Notes

The Kempton of Charleston is another standout, particularly because of its location downtown. For someone connected to MUSC, that proximity could be a meaningful advantage. Beyond location, the community itself is very well done from both an aesthetic and operational standpoint. They offer a strong Memory Care program along with additional levels of care on site, which can provide continuity if needs change over time. It's a very well-rounded option that combines convenience with quality.



Primary Contact

- **Joe Carr**
Administrator
JOCARR@LIBERTYSENIORLIVING.COM
- **Lisa McLeod**
Director of Sales
(843) 754-6940 (direct), (843) 452-4232 (cell)
limcleod@libertyseniorliving.com



Community Type

- **Community Type(s)** Continuing Care Retirement Community; Assisted Living; Residential Care Home; Memory Care; Skilled Nursing; Respite Care
- **Assisted Living -- Floor Plans** Studio; One Bedroom; Two Bedroom
- **Memory Care -- Room Types** Shared; Studio



Finances

- **Monthly Price** \$5,375 - \$8,493
- **Second Person Fee** \$2,250
- **Community / Entrance Fee** \$5,000

■ **Price Notes** Asst Living levels of care range:

1-300

2-600

3-1200

4-1800

5-2400

Memory care rates include all care

Scooter fee is a one time fee of \$500

NO PETS ALLOWED

Limited Respite - due to census

■ **Assisted Living -- Studio Price** \$6,096 - \$6,949

■ **Assisted Living -- One Bedroom Price** \$7,880 - \$8,633

■ **Memory Care -- Shared Price** \$7,800

■ **Memory Care -- Private Price** \$9,283



Staff

■ **Professional Staff Type** Nursing Director; Aides

■ **24 Hour Awake Staff** Yes

■ **Shift Workers** Yes



Health Services

■ **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies; Wander Risk

■ **Cognition Levels Accepted** Alert / No Dementia; Some Memory Loss; Dementia; Alzheimer's

■ **Diabetic Needs Accepted** Glucose Checks; Managed by Diet; Oral Medications; Standard Insulin; Sliding Scale Allowed

■ **Diabetic Assistance Offered** Reminders only

■ **Additional Care Services** Oxygen; Wound Care



Activities of Daily Living

■ **Ambulation Accepted** Independent; Cane; Walker; Wheelchair; Power Wheelchair; Bedridden

■ **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer; 2 Person Transfer; Hoyer or Sit-Stand Lift

■ **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence; Catheter Care

■ **Accommodates Special Diets** Pureed Diet; Mechanical Soft Diet



Other Details

■ **Total beds** 75

■ **Gender restrictions?** Accepts male and female

■ **Other** Alcohol OK



Amenities Offered

■ **Activities (regularly scheduled)** Yes

■ **Fitness Center** Yes

■ **Optional Dining** Yes

■ **Reading Materials** Yes

- **Secure Courtyard** Yes
 - **Transportation Available** Yes
-



Community



Ashley Gardens

2290 Henry Tecklenburg Drive
Charleston, SC 29414
(843) 556-4100

Website

https://www.sunshineretirementliving.com/ashley-gardens-retirement-charleston/?utm_source=local&utm_medium=organic&utm_campaign=gmb



Summary Notes

Ashley Gardens, located west of the Ashley in Charleston, SC, stands out as a standalone memory care community dedicated to providing exceptional care for individuals with memory-related conditions. With a focus on memory care, Ashley Gardens boasts a team of highly skilled professionals who are passionate about enhancing the quality of life for their residents. The community offers a vibrant and engaging lifestyle program designed to stimulate cognitive function and promote social interaction among residents. Led by a friendly and engaging management team, Ashley Gardens is committed to creating a supportive and nurturing environment where residents can thrive and flourish.



Notes

Lastly, Ashley Gardens is a dedicated Memory Care community in West Ashley that I think is definitely worth considering. They offer a strong lifestyle program with consistent engagement and have a team that does a great job supporting residents day-to-day. If you find yourself settling on the West Ashley side of town, this would likely rise to the top of the list simply from a convenience and accessibility standpoint, while still delivering solid care and a supportive environment.



Primary Contact

- **Kayla Sher**
Community Development Director
(603) 952-8135 (cell)
kayla.sher@sunshineret.com



Community Type

- **Community Type(s)** Residential Care Home; Memory Care
- **Memory Care -- Room Types** Shared; Studio; 1 Bedroom



Finances

- **Community / Entrance Fee** \$2,500
- **Memory Care -- Shared Price** \$5,500 - \$6,500
- **Memory Care -- Private Price** \$7,000 - \$8,000
- **All-inclusive Care** Yes



Staff

- **Professional Staff Type** Nursing Director; Aides
- **24 Hour Awake Staff** Yes



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies; Refuses Care; Wander Risk
- **Cognition Levels Accepted** Some Memory Loss; Dementia; Alzheimer's
- **Diabetic Needs Accepted** Glucose Checks; Managed by Diet; Oral Medications; Standard Insulin
- **Diabetic Assistance Offered** Reminders only
- **Additional Care Services** Oxygen



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence
- **Accommodates Special Diets** Pureed Diet; Mechanical Soft Diet; Vegetarian; Dairy Free



Other Details

- **Gender restrictions?** Accepts male and female



Amenities Offered

- **Activities (regularly scheduled)** Yes
- **Reading Materials** Yes
- **Secure Courtyard** Yes
- **Transportation Available** Yes
- **Walking Paths** Yes



Community



Daniel Pointe Retirement Community

514 Robert Daniel Dr
Charleston, SC 29492
(843) 800-0075

Website

<https://rlcommunities.com/communities/south-carolina/daniel-pointe-retirement/>



Summary Notes

Daniel Pointe is a premier Independent Living community ideally situated on Daniel Island, offering an upscale living experience for active seniors. Residents enjoy an array of high-end amenities, including all-day dining, a full-size movie and event theatre, engaging lifestyle programming, and even a convenience store on-site for added convenience. One of the highlights of this community is its prime location, surrounded by small businesses, restaurants, and the Daniel Island Community Center, creating a vibrant and walkable neighborhood atmosphere. Additionally, Daniel Pointe goes the extra mile by providing access to third-party caregiving services on a 30-minute increment basis, ensuring residents receive personalized care as needed. With its exceptional amenities, top-notch dining options, and convenient location, Daniel Pointe offers an unparalleled Independent Living experience for seniors seeking an active lifestyle.



Notes

One additional option we discussed that could be worth exploring for both of your parents is Daniel Pointe. This is a true independent living community that offers a really well-rounded lifestyle at a reasonable price point. What stands out here is the combination of convenience and flexibility—they provide 24/7 dining, housekeeping, full kitchens, and in-unit laundry, along with a very robust lifestyle program that creates daily opportunities for engagement and connection. This could be especially meaningful in keeping both of your parents active and socially involved. Additionally, they have an in-house caregiving partner who can layer in support services as needed for your mother, which allows you to scale care over time without requiring an immediate move to a higher level of care. Given the breadth of services and the location, I think this is definitely a community worth including as you explore options in the area.



Primary Contact

- **Gloria & Bob Burkmier**
Management Team
(843) 375-2710 (direct)
DPmgr1@rlcommunities.com
- **Amy Lane**
Sales and Leasing Consultant
(843) 375-2710 (cell)
DPslc@rlcommunities.com



Community Type

- **Community Type(s)** Independent Living; Home Care
- **Independent Living -- Floor Plans** One Bedroom; Two Bedrooms; Three Bedrooms



Finances

- **Second Person Fee** \$600
- **Independent Living -- One Bedroom Price** \$3,853 - \$4,553
- **Independent Living -- Two Bedroom Price** \$5,500 - \$6,200



Staff

- **Professional Staff Type** Aides



Health Services

- **Personality/Behaviors** Quiet/Pleasant; Social; Activities/Hobbies
- **Cognition Levels Accepted** Alert / No Dementia; Some Memory Loss
- **Diabetic Needs Accepted** Glucose Checks; Managed by Diet; Oral Medications; Standard Insulin; Sliding Scale Allowed
- **Diabetic Assistance Offered** No assistance available
- **Additional Care Services** Oxygen; Feeding Tube; Tracheotomy Care; Wound Care



Activities of Daily Living

- **Ambulation Accepted** Independent; Cane; Walker; Wheelchair; Power Wheelchair
- **Ability to Transfer Accepted** Independent; Standby; 1 Person Transfer; 2 Person Transfer; Hoyer or Sit-Stand Lift
- **Incontinence Accepted** Bladder Incontinence; Bowel Incontinence; Catheter Care
- **Accommodates Special Diets** Pureed Diet; Mechanical Soft Diet; Vegetarian; Gluten Free; Dairy Free



Other Details

- **Total beds** 100
- **Gender restrictions?** Accepts male and female
- **Other** Alcohol OK
- **Pets** Cats Allowed; Dogs Allowed



Amenities Offered

- **Activities (regularly scheduled)** Yes
- **Fitness Center** Yes
- **Optional Dining** Yes
- **Reading Materials** Yes
- **Transportation Available** Yes
- **Walking Paths** Yes