

YOUTH SWIMMING LEAGUES



Southern Marlins Racing Team (SMRT)

This year round program caters to all levels, from novice to elite competitors. They practice at various locations and have a strong focus on both skill development and competitive swimming.

City of Charleston Intramural Swim League

A fun and developmental league that practice across three city pools. It's non-competitive, making it perfect for beginners who can swim a 25-meter length without stopping.

James Island Swim Team

This parent-run team practices daily from May-June. Meets are twice a week, and team spirit is a big part of the experience. It's ideal for families looking to be actively involved in their children's swimming journey.

Summerville Family YMCA Tidalwaves

Based in Summerville, this team serves a wide area including North Charleston and Goose Creek. They participate in SC USA Swimming and the Carolina YMCA Swim League, offering a robust program for swimmers ages 4-18.

Charleston Water Rats: Charleston Swim Team

This summer swim team provides a great opportunity for children ages 4-18 to build friendships and work together. They also offer a "Rats in Training" program for those learning how to swim (Charleston Swim Club).